Dear CHN clients, donors, volunteers and friends,

As a mission-based human services organization serving clients and patients, our staff, as well as clients, patients and community members often feel pressure to please everyone all of the time — an impossible task. Whether we are talking about pleasing co-workers, those we serve, community members, service providers, neighbors or people in general, the pressure that we often put on ourselves for taking to please everyone we encounter is not good for our health and wellbeing.

With all that being said, in our world today, it is more important than ever that we take care of ourselves and others. Self-care should be ignored and caring for those who we love to be is also important. CHN has partnered with EnVisionYou, to provide virtual behavioral health services for those in the LGBTQ+ community, at no cost. For more information, please visit the EnVisionYou website at: https://envisioneveryone.healthcare/services/behavioral-health/

Individuals can find additional behavioral health resources at the Colorado Department of Human Services.

https://www.colorado.gov/pacific/visit-colorado/colorado-human-services

Especially during times of stress, I am grateful for our clients, patients, staff, friends and donors. Without our partnerships with people like you, we would not be able to provide services to clients and patients. Please hang in there as we navigate these challenging times together.

Thank you for your continued support — it is greatly appreciated!

Sincerely,

Darrel J. Vigil, MPA
Chief Executive Officer

The Community Foundation continues their long history of support

Bright Mountain Foundation continues their long history of support

Colorado Health Network is pleased to recognize the Bright Mountain Foundation which has been found! CHN’s programs since 2001 this year. Colorado Health Network received $12,500 to provide behavioral health services via Bright Mountain Foundation. During those uncertain and stressful times, Colorado Health Network is able to provide much-needed mental health support to our clients. We are extremely grateful for the continued support provided by The Bright Mountain Foundation.

Quilt Display traditions continue

We are grateful to the City of Denver for allowing CHN to display displays in the National AIDS Memorial in the Cheesman Park Pavilion. This year’s display included panels from friends and family members from Denver, Colorado Springs, Broomfield, and South Carolina.

SCHN Case Manager serves as the only trained SEPA facilitator in Colorado

Guadalupe Uribayezon, Latinos Program Manager in Colorado Springs is the only individual in the State of Colorado who is certified to facilitate HIV in LGBT outreach and education to heterogeneous Latinx/Hispanic women. The program is referred to as SEPA (Salsa, Health, Education, Education, Promoti0n, Promoti0n, and transportation). The SEPA is an evidence-based culturally tailored HIV/AIDS behavior change intervention for heterosexual active Hispanic women/alas/ath the ages of 15 to 45. It is also for HIV and STI education to protected sex with male partners.

The intervention consists of three classes of three hours each week covering HIV and STI prevention, communication, consistent negotiation and condom use, and violence prevention along with free HIV and HCV testing. Guadalupe has presented the program in Trinidad, Center, Aransas, Pueblo, Fort Lupton and La Mar Colorado.